



**Peninsula Pulmonary Function
Laboratory**

Building 1, level 2, suite 2
49 Frenchs Forest Road
Frenchs Forest NSW 2086
Phone: 9975 4911

How to prepare for your bronchial challenge test (Histamine, Saline, Mannitol test)

Please bring on the day or email us on reception@peninsularespiratory.com.au prior to your appointment:

- a current referral from your GP or specialist
- the completed Patient Registration Form if you are a new patient

Please stop any inhalation medication (puffers) as per below:

6 hours prior to testing

Bricanyl
Salbutamol (Ventolin, Asmol, Airomir, Zempreon)

12 hours prior to testing

Atrovent

36 hours prior to testing

Foradile
Onbrez
Oxis
Serevent

48 hours prior to testing

Anoro
Brimica
Spiolto
Ultibro

168 hours (7 days) prior to testing

Braltus
Bretaris
Incruse
Seebri
Spiriva

No antihistamines tablets or theophylline for at least 96 hours (4 days) prior to testing.



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Unless your doctor specifically wants this test conducted on medication, please **DO NOT** take the following medications for **2 weeks** prior to testing:

Alvesco	Fostair
Arnuity	Montelukast
Atectura	Pulmicort
Breo	Qvar
DuoResp	Seretide
Breztri	Singulair tablet
Enerzair	Symbicort
Flixotide	Tilade
Fluticasone	Trelegy
Flutiform	Trimbow
Intal	
Prednisolone (please discuss with your doctor before withholding)	

Preparation on the day

- No smoking/vaping for 8 hours prior to testing.
- No alcohol, coffee, tea or caffeine containing drinks.
- No vigorous exercise.
- Please wear comfortable clothing.
- Please arrive 10 minutes prior to your scheduled appointment.

If you have any questions, please contact reception on (02) 9975 4911.