



**Peninsula Pulmonary Function
Laboratory**

Building 1, level 2, suite 2
49 Frenchs Forest Road
Frenchs Forest NSW 2086
Phone: 9975 4911

How to prepare for your lung function test

Please bring on the day or email us on reception@peninsularespiratory.com.au prior to your appointment:

- a current referral from your GP or specialist
- the completed Patient Registration Form

Please stop any inhalation medication (puffers) as per below:

6 hours prior to testing

Bricanyl
Salbutamol (Ventolin, Asmol, Airomir, Zempreon)

12 hours prior to testing

Atrovent

24 hours prior to testing

Aectura
Breo Ellipta
Cipla
DuoResp Spiromax
Fluticason+Salmeterol
Flutiform
Foradile Aerolizer
Fostair
Onbrez
Oxis
Seretide
Serevent
Symbicort

36 hours prior to testing

Anoro Ellipta
Braltus Zonda
Bretaris Genuair
Breztri Aerosphere
Brimica Genuair
Enerzair
Incruse Ellipta
Seebri Breezhaler
Spiolto



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Spiriva
Ultibro Breezhaler
Trelegy Ellipta
Trimbow

You can continue any inhalation corticosteroids like Alvesco, Flixotide, Fluticasone, QVAR and Pulmicort.

Please Note: If you are too short of breath, please continue taking your puffers and inform the respiratory technician on which medication used upon arrival in the respiratory lab.

If you have a Skin Prick test, please stop anti-histamine tablets 4 days prior to testing.

Preparation on the day

- No smoking/vaping for 8 hours prior to testing.
- No alcohol, coffee, tea or caffeine containing drinks.
- No vigorous exercise.
- Please wear comfortable clothing.
-  A blood test is required with full lung function tests. This will be organised upon your arrival.
- Please arrive 10 to 15 minutes prior to your scheduled appointment.
- There is no extra cost to this blood test.

You will be provided with additional specific test instructions upon booking for bronchial challenges.

If you have any questions, please contact reception on (02) 9975 4911.